

# LUE PUBLIC SCHOOL

## Newsletter



Monday 22nd February \*\*\* Week Four \*\*\* Term One \*\*\* 2016

### Principal's Note

Welcome to the newsletter for week 4.

Firstly, I must congratulate the four boys who attended Zone Swimming last Wednesday at Gulgong Pool. They all swam their best and demonstrated clear improvements in their swimming ability. Fantastic effort, **Zac Stewart, Jackson Griffin, Rhys Robinson** and **Felikss Sander**.

I am currently in Sydney attending a 3 day Principal Conference and will be back at school on Thursday. Miss Heraghty will work with students in K-6 (supported by Deb Robinson). Work has been set for the senior students and I know they will do a great job of demonstrating their maturity whilst I am not at school. A special art day was planned for today to enable all students to complete their artworks in preparation for the Rylstone Show this coming weekend.

The students have spent the first few weeks settling back into school routines again after the long summer break and are now all working hard and on task.

Our new Kinder student, **Ellie Statham**, has settled beautifully into school routines and has been working hard with Jolly Phonics sounds and words to begin to learn to read. Great work, Ellie!

Our new enrolment in Year 1, **Rubie Veitch**, has also settled in well, made lots of new friends and is working hard in class with Stage 1 work. Well done, Rubie!

Best Start Kindergarten Assessment data has now been collected and a letter will go home to parents of Kindergarten children in the next week or so. This data analyses where a student is at in Literacy and Numeracy when they begin formal schooling so that their progress may be tracked.

Caron McDonald (Relieving Principal)

### Busy Bee

The Busy Bee in the Junior Class this week is **Ellie Statham**. Ellie has settled beautifully into Lue Public School and can be relied on to be a helpful student both in and out of the classroom. Well done, Ellie!



### Catch me being good

Our draw from the 'catch me being good' slips for last week was made this morning. Congratulations to **Khy Docherty, Ellie Statham** and **Natasha Panschow**. Each student will receive a merit certificate and an ice block at lunch. Keep up the great work boys and girls!



### The Tell Them From Me student feedback survey (students in year 4 to 6)

I am delighted that this term, our school, like many others in the state, will participate in a Department of Education initiative: the *Tell Them From Me* student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the *Tell Them From Me* survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 14 March and 8 April. Participating in the survey is entirely voluntary.

A consent form and a list of frequently asked questions (FAQs) for parents/carers about the survey will be sent home with students at the end of the week. If you **do not** want your child or children to participate, please return the consent form to school by **Friday 4 March**. The FAQs and copies of the consent form, including translated consent forms, are available from the website above.

### P&C News

Due to my attendance at the Principal Conference, the first P&C meeting for this term, which will also be the AGM, has been postponed until week 8 **Wednesday, 23rd March, at 3:10pm**. Everyone is welcome to come along. We look forward to seeing you there!

## Importance of a good evening routine for students



Lue Public School is registered with the Live Life Well @ School Program. We talk to the students regularly about practices for a healthy lifestyle, including good food choices, regular exercise and the need for a good night's sleep.



Research studies have shown there is a direct link between sleeping disorders and use of electronic devices within an hour of going to bed. Although many of our students already have good bedtime routines, we have noticed that several students are coming to

school tired in the morning and this has a negative impact on their ability to learn.

To ensure your child gets a good night's sleep, try turning off their computer, xbox, playstation, television, laptop or ipad etc an hour before their bedtime. They could play a board game, read a book or draw instead. A warm bath/shower and a milky drink with a light snack can also help settle children at bedtime. Making changes for one or two nights won't have a great impact, but try it for a week and see if you notice a change in their sleeping patterns.

For more information on the importance of sleep for children, have a look at the website of the Australian Centre for Education in Sleep:

<http://www.sleepeducation.net.au/sleep%20facts>.

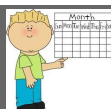
Together we will ensure the best education for your child.



## Sarah Stewart

Sarah has settled beautifully into the senior classroom and always tries her best. Well done, Sarah!

## Important Dates



## February/March 2016

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>Wk 4</b>	<b>22 February</b> Mrs McDonald attending Principal's Conference	<b>23 February</b> Mrs McDonald attending Principal's Conference Guitar lessons Yr 3-6	<b>24 February</b> Mrs McDonald attending Principal's Conference	<b>25 February</b>	<b>26 February</b>	<b>27 February</b> Rylstone Show	<b>28 February</b> Year 6 to Young Leader's Event
<b>Wk 5</b>	<b>29 February</b> Year 6 students attend Young Leader's Event in Sydney	<b>1 March</b> Guitar lessons Yr 3-6	<b>2 March</b> Library Van at school	<b>3 March</b>	<b>4 March</b> Schools Clean Up Australia day	<b>5 March</b>	<b>6 March</b>
<b>Wk 6</b>	<b>7 March</b>	<b>8 March</b> Guitar lessons Yr 3-6	<b>9 March</b>	<b>10 March</b>	<b>11 March</b>	<b>12 March</b>	<b>13 March</b>
<b>Wk 7</b>	<b>14 March</b>	<b>15 March</b> Life Education Van Guitar lessons Yr 3-6	<b>16 March</b>	<b>17 March</b>	<b>18 March</b>	<b>19 March</b>	<b>20 March</b>