

LUE PUBLIC SCHOOL

Newsletter



Monday 14th March *** Week Seven *** Term One *** 2016

Principal's Note

Welcome to the newsletter for week 7.

Where does the time go? Looking at the calendar over the page, we are showing the last four weeks of term 1. This term has flown!

It looks like the weather may be starting to cool down a little. We will try to continue swimming on the days Mr Boller is at school (weather permitting) to make the most of the pool at school before it has to be closed up for the Autumn/Winter period. Mr Boller was at school today and will be at school again on Wednesday. Please pack swimmers and a towel for your child. We do have some spare swimmers and towels at school should they be forgotten.



Miss Heraghty attended a Fundamental Movement Skills professional learning course last week as part of the Live Life Well @ School program. We are committed to ensuring that health education is taught to our students at Lue Public School and that they understand how a healthy, balanced diet combined with regular exercise are necessary for good health.

We hope you are planning to come along to our **Easter Fun Day on Thursday 24th March** (last day before the Easter long weekend). Parents can help make an Easter hat with their child in the morning, join us for lunch (bring a picnic lunch), enjoy our Easter hat parade and create a combined Easter artwork with the whole school.

Caron McDonald (Principal)

Busy Bee

The Busy Bee in the Junior Class this week is **Khylarni Docherty**. Khylarni has been doing some super writing in class lately. Great work, Khylarni!



Catch me being good

Our draw from the 'catch me being good' slips for last week was made this morning. Congratulations to **Oskar Sander, Ellie Statham** and **Natasha Panschow**. Each student will receive a merit certificate and an ice block at lunch. Keep up the great work boys and girls!



Life Education Van

Students will be travelling to Rylstone Public school on Tuesday (tomorrow) for the annual Life Education Van visit. Transport will be by private vehicles and permission notes have already been completed last month. All students will be learning about body knowledge, safety, physical activity & nutrition. After the visit, the students complete follow up activities in class.



Craft Items required

We are still looking for craft items that can be used to make Easter hats. Items such as plastic flowers, pom poms, sequins, buttons, beads, feathers would be super and I'm sure you can think of many more. If you have any of these items spare and no longer need them, we would appreciate them being donated to school. Students are planning their hat designs at the moment, ready to make them on our Easter Fun day (24th March).



Harmony Day

Next Monday, 21st March, is Harmony Day, a day when we stop to embrace different cultures and how they contribute to the great country we live in. We are planning a variety of activities for students to celebrate the day.



P&C News

The first P&C meeting for this term, which will also be the AGM, will take place next week, **Wednesday, 23rd March**, at 3:10pm. Everyone is welcome to come along. We look forward to seeing you there!

Physical Activity

What is physical activity?

Physical activity is any sort of movement by the skeletal muscles (such as our arms and legs) that helps us burn up the energy we get from the food we eat. There are many different types of physical activity: walking, running, swimming and cycling, to name just a few.



Physical activity can be a part of:

- family activities
- games, sports
- playing with friends
- getting to places by walking or cycling.



Why is physical activity good for kids?

Physical activity plays an important role in helping children and young people to be fit and healthy in all sorts of ways, such as:

- a healthy weight, strong bones and muscles
- balance and flexibility, posture
- cardiovascular fitness, blood pressure, cholesterol
- relaxation
- self-esteem, social skills and social networks.

Only this weekend there have been reports in the news about the significant rise in instances of diabetes in Australia.

For more information, have a look at:

<http://www.healthykids.nsw.gov.au>

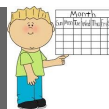
Together we will ensure the best education for your child.



Lola Stewart

Lola always has a smile for everyone and gives her best effort in class! Well done, Lola!

Important Dates



March/April 2016

	MON	TUE	WED	THU	FRI	SAT	SUN
Wk 7	14 March	15 March Life Education Van Guitar lessons Yr 3-6	16 March	17 March	18 March	19 March	20 March
Wk 8	21 March Harmony Day	22 March Guitar lessons Yr 3-6	23 March	24 March Easter Fun Day	25 March Good Friday No school	26 March Easter Saturday	27 March Easter Sunday
Wk 9	28 March Easter Monday No school	29 March Students return to school Guitar lessons Yr 3-6	30 March	31 March	1 April Mrs McDonald attending Principal's meeting in Bathurst	2 April	3 April
Wk 10	4 April Art Camp Yr 5 & 6	5 April Art Camp Yr 5 & 6 Guitar lessons Yr 3-6	6 April Art Camp Yr 5 & 6	7 April Dubbo Zoo excursion	8 April Last Day of Term 1	9 April	10 April