

LUE PUBLIC SCHOOL

Newsletter



Monday 30th May *** Week Six *** Term Two *** 2016

Principal's Note

Welcome to the newsletter for week 6.



Last week, students travelled to Rylstone Public School to watch a travelling performance called 'It's a Mad World.' Through mime and circus skills, the performance told the story of twin brothers, one who was outgoing and confident and the other shy and awkward. The message was clear that through practise and hard work, we can achieve great things. The students loved the performance and laughed all the way through (as did the staff). Our thanks to Rylstone Public School for allowing us to share this opportunity.

Last week also saw the first of our breakfast club mornings and school canteen. The breakfast club was a popular spot (especially on the colder mornings)



and students made the most of having a little extra breakfast to ward off the chills. A number of our students travel to school by bus and can be up quite early. By the time they arrive at school, they may be already starting to feel hungry again so breakfast club ensures that hunger pangs are not a barrier to learning in the classroom. It is also a super opportunity for social engagement.

Our P&C have started the school canteen again each Tuesday. One hearty and healthy home-cooked dish will be available at a cost of \$4 per student. Check the P&C snippet below for the lunch option for tomorrow.

This week, students will be starting to take the regular standardised tests in preparation for report writing. It is important that all students maintain full attendance at this time.

Caron McDonald (Principal)

Catch me being good

The draw from the 'catch me being good' slips was made this morning. Congratulations to **Matthew Elkins, Sarah Stewart & Ellie Statham**.

Each student will receive a merit certificate and an ice block at lunch. Keep up the great work boys and girls!



Lue Public
School
Safe
Respectful
Responsible
Name: _____
Staff: _____

Busy Bee

The Busy Bee in the Junior Class this week is **Natasha Panschow**. Natasha has made super progress in her reading lately. Great work, Natasha!



Welcome

We would like to introduce our latest addition to the Lue PS 'family', **Nyah Watmuff**. Nyah started in the junior classroom today as our new Kindergarten student. She has made lots of new friends already!



P&C News

Canteen lunch on Tuesday—chicken and pasta bake with a bread roll and milo—only \$4 per student!!!!!!



Encouraging children to eat a variety of foods will appeal to their imagination when it comes to thinking outside the school lunch box. It's time to have a look at **lunches without bread** and alternative tasty & healthy options.

Traditionally sandwiches for school lunches were standard procedure, but now the only limit to combining healthy & tasty is imagination!



Suitable leftovers from last night's dinner for school lunchboxes can include **pasta or rice dishes, meatloaf, soft tacos, pancakes with fruit and cheese, casserole and salad**. When accompanied by **cut vegetables and fruit**, along with **low fat crackers or wraps**, students can enjoy a tasty energy boosting lunch.

Look for **divided or "bento" lunchboxes** to make packing easier.

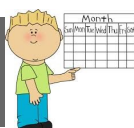
Type **"lunches without bread"** into an online Google search for a range of ideas to get you started.



Jackson Griffin

Jackson has been working hard to improve his concentration and focus in class. Well done, Jackson!

Important Dates



May/June 2016

	MON	TUE	WED	THU	FRI	SAT	SUN
Wk 6	30 May	31 May Video Conference juniors—paddock to plate (2pm)	1 June Miss Heraghty at Health and Fitness Professional Learning	2 June	3 June Mrs McDonald @ principal meeting in Mudgee	4 June	5 June
Wk 7	6 June	7 June Excursion to CSU dental health facility	8 June MSSN Public Speaking Competition	9 June Visit to CLC Art Show in Mudgee	10 June	11 June	12 June
Wk 8	13 June QUEEN'S BIRTHDAY PUBLIC HOLIDAY	14 June	15 June Western Cross Country - Zac attending	16 June	17 June Crazy Hair Day	18 June	19 June
Wk 9	20 June	21 June	22 June	23 June	24 June	25 June	26 June