

LUE PUBLIC SCHOOL

Newsletter



Tuesday 19th July *** Week One *** Term Three *** 2016

Principal's Note

Welcome back to the start of what already promises to be an action packed term for both staff and students.

We have a significant number of exciting events happening throughout this term so it's more important than ever that you check the calendar on the newsletter each week and also your child's bag each day for permission notes.

Staff attended a staff development day yesterday with staff from other small schools in Mudgee and learned about a student resilience program called 'Fun Friends'. The program aims to equip students with strategies to regulate their emotions and deal with the ups and downs of everyday life. The program is aimed at students from K-2 but has a follow on program for years 3 to 6 called 'Friends for Life'. We will be using these programs at school this term from next week.

Due to forecasted weather conditions, the MSSN Athletics carnival has been postponed until Wednesday of week 2. Further details and a permission note will be sent home tomorrow.

Staff will be involved with formal training for PBL (positive behaviour for learning) this term. It is an intensive training program which will equip us with additional strategies to promote appropriate student behaviour and ensure an optimum learning environment at school. Students will be taught explicit strategies and skills at school and newsletter snippets will keep you informed of what we are doing.

Bunnings staff will be visiting us again at school next week for National Schools Tree Day. They will work with students to plant some new natives in the school grounds and additional vegies in the vegie garden.

The school excursion to Sydney is only 5 weeks away. Numbers of students attending must be confirmed by the end of next week at the latest. Please send in any balances owing for your child as soon as possible.

This is only the first two weeks—phew! Hang on, it's going to be a rollercoaster ride this term!

Caron McDonald (Principal)

Busy Bee

The first Busy Bee in the Junior Class for this term is **Oskar Sander**.

Favourite subject: **Maths**

Favourite food: **Noodles**

Favourite sport: **Cricket**

Hobbies include: **Reading, bike riding and playing outside.**



Homework

Homework will continue again this term and will be sent home with senior students this week, although new spelling words will not be given

until week 2. This gives students the opportunity to revise the words and spelling strategies/rules taught last term. Junior homework will begin next week

Thank you to all those students who hand in their homework regularly (and to the parents who support them to do so). If your child has not submitted regular homework so far, now is a good time to start afresh. Homework reinforces what is taught in class and there is a wealth of evidence which indicates that students who read every night, (10-15 minutes is enough), achieve much more academically in school than those who do not.

Eye Tests, Hearing Tests, Dental check ups

If it's been a while since your child saw the optometrist, dentist or had a hearing test, now is the time to make those appointments. Very often, the first signs of a child needing glasses or maybe having a hearing issue will be a slowing down of work in class or reluctance to complete work. It is so important that regular check ups are made to ensure your child has the best chance of achieving their best. If you would like help with organising these appointments, whether it be making the appointment or transport to and from the appointment, please let us know and we will do our best to support you.



P&C News

Student winter jackets available. Please see Deb at school if you would like to order one.

Next P&C meeting Wednesday 3rd August —hope to see you all there.

The art of 'sparenting'

by Michael Grose



Modern parenting has seen the rise of the uber-parent ... the parent who does it all! Well move over uber-parent and make room for 'sparents'. They have a role to play too.

In practice, parenting has never been done well in isolation. In previous generations, aunts, uncles, grandparents, godparents and family friends – spare parents, or 'sparents' – have all played a part in raising kids.

'Sparents' are good for:

Filling a gender gap: If you are raising a son in an all-female household then the regular presence of an uncle, grandfather or male family friend can be the role model that's needed. Similarly, girls in all-male households can benefit from 'sparenting' by a female friend or relative.

Filling a talent or interest gap: Kids usually appreciate having an adult to share their interests, but it's hard for parents to be across all their children's hobbies and activities. Relatives or family friends can be well-placed to fill the interest void that occurs in some families.

Babysitting and child-minding: There is always a need for reliable carers for kids from tots to early teens.

Mentoring kids who don't want to listen to their parents: Teenage (and pre-teenage) boys and girls benefit from having a number of trusted relatives or adult friends in their lives to talk with. 'Sparents' make great confidantes and coaches for young people at a time when they are seeking independence from their parents.

Bringing a fresh voice and perspective to kids' lives: Ever noticed how kids of all ages will listen to other adults more than they listen to their parents, even though the message is the same? It's frustrating, but that has always been the reality of raising children and young people.

So move over uber-parent and make room for some 'sparents', because they too have a lot to offer your kids.

www.parentingideas.com.au



Zac Stewart

Favourite subject: **Maths**

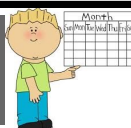
Favourite food: **Chicken**

Favourite sport: **Cricket**

Hobbies include:

Cricket, sport and bike riding

Important Dates



July/August 2016

	MON	TUE	WED	THU	FRI	SAT	SUN
Wk 1	18 July Staff Development Day	19 July	20 July	21 July	22 July	23 July	24 July
Wk 2	25 July	26 July	27 July MSSN Athletics Carnival Mrs McDonald & Deb @ PBL training in Dubbo	28 July Mrs McDonald @ PBL training in Dubbo Deb @ SAKG training in Sydney	29 July National Schools Tree Day Bunnings at Lue PS	30 July	31 July
Wk 3	1 August EDUCATION WEEK	2 August 'Eat it to beat it' parent workshop Open afternoon	3 August	4 August	5 August Jeans for Genes Day Zone Athletics	6 August	7 August
Wk 4	8 August	9 August	10 August Mrs McDonald, Mrs Battye, Mrs Mosher Library training at school	11 August LUE OLYMPICS DAY	12 August	13 August	14 August