

# LUE PUBLIC SCHOOL

## Newsletter



Monday 13th March \*\*\* Week Eight \*\*\* Term One \*\*\* 2017

### Principal's Note

Welcome to the newsletter for week 8.

What a fantastic effort our Western swimmers gave last Friday. Felikss Sander, Harrison Panschow, Matthew Robinson and Yagan Sloane travelled to Dubbo to compete against students from all over the region.

In his individual races Felikss came 11th in breaststroke and 16th in the medley, whilst our relay swim team came 4th in their event. Well done, boys. A great achievement, we are so very proud of you all. The 'Awesome Foursome.'

On Wednesday this week, March 15th, all students will be travelling to **Red Hill Environmental Education Centre** to participate in an 'Indigenous Garden Design Day.' A permission note will go home with full details today. Please return it to school tomorrow.

As we head into the last four weeks of term, there are a number of events happening at school. Students will be involved with the Life Education Van, Public Speaking and, of course, our annual Easter Hat Parade. Make sure you check the calendar over the page so you know what is happening and when.

The week 8 draw from the 'catch me being good' slips for this term was made this morning. Congratulations to **Corbyn Parr, Harrison Panschow and Kaspar Sander**. **Corbyn** receives a \$4 voucher for the canteen lunch tomorrow & each student will receive a merit certificate and a milo at lunch. Keep up the great work boys and girls!

Lue Public  
School  
Safe  
Respectful  
Responsible  
Name: \_\_\_\_\_  
Staff: \_\_\_\_\_



### Making packed lunches interesting

This is an age old issue, how to make packed lunches interesting so children don't take half of it back home again.



Very often, some of the lunches students bring to school are simply too much and can be overwhelming for a young child.

It is so important that packed lunches are nutritious, they help your child stay focused and keep their bodies nourished. Children should have a variety of foods from across the food groups: carbohydrates, proteins, fruit/vegetables and good fats. Trying to do the right thing, whilst packing foods you know your child will eat is a constant juggle. Coming up with new ideas can be tough for parents. To help and give some suggestions for lunchboxes, your child will be bringing home a laminated poster this week which you can put on your fridge.



Created by the team at The Cancer Council and their 'Eat it to Beat it' campaign, it has food groups in

different sections with ideas of what to include. Work with your child to choose foods for each day of the week, you can write your ideas on the poster with a whiteboard marker.

### NAPLAN



Our students in years 3 and 5 will be sitting NAPLAN tests early next term. Revision and preparations for the tests are underway. Whilst they are a test of ability and students will be graded accordingly, please remember they are only one of

a wide range of assessments that are used to determine where your child is at in his or her learning. Students will be exposed to practise tests so they are familiar with the format but there will be no pressure or 'teaching to the test.'

If you have any questions at all about NAPLAN, the tests themselves or what they mean, please contact me at school for a chat.

**TEAM** Together Everyone Achieves More  
Caron McDonald (Principal)

### P&C News

Thank you Yvonne Butler for providing our canteen lunch tomorrow. For only \$4 students can have a yummy home cooked meal— Hash brown bake with a cup of Milo. Great value!

**DON'T FORGET THE P&C AGM, Wednesday 22 March at 3pm..**

As the colder weather is now creeping in, you might want to consider purchasing a school jacket or jumper for your child. We do have some jumpers at school for purchase but jackets must be ordered. If you would like to order one, please let us know.



This week our focus continues to be on **SPORT SHED, SANDPIT AND FIXED EQUIPMENT**.

Students will discuss the focus on Monday morning and revisit throughout the week. Often when students are playing on the equipment or in the sandpit, they become so engrossed in their games that they can forget to be careful with the sand or play safely on the climbing equipment. Whilst supervision takes place during recess and lunch, we do expect the students to be mindful of their own behaviour. Fair play means everyone is included, everyone can play and everyone is safe.



Our year 5 and 6 students take responsibility for handing out and putting away sports equipment from the sports shed. They have to learn to be responsible in making sure equipment is handled carefully and safely, appropriate equipment is given to students and it is put away in the correct place. It's a big responsibility but one they can handle.

**SAFE**

- \*Wait your turn
- \*Use equipment sensibly
- \*Y5/6 in sport shed
- \*Walk around fixed equipment
- \*Keep sand inside the sandpit

**RESPECTFUL**

- \*Follow adult instructions
- \*Take turns
- \*Share equipment
- \*Use manners when asking for equipment
- \*Use kind words

**RESPONSIBLE**

- \*Borrow and return equipment from sport shed monitors
- \*Care for sports equipment and use it appropriately
- \*Report broken equipment to an adult
- \*Negotiate and agree rules before using equipment in games



Our 'student of the week' this week is **Josharra Parr**. With our PBL focus this week, Josharra tries hard to be **responsible by negotiating and agreeing rules before using equipment in games**.

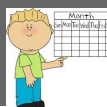


**Junior Class Busy Bee**

Our Busy Bee for week 8 is **Ellie Statham**. With our PBL focus this week, Ellie has been trying hard to be **safe by using equipment sensibly**.



**Important Dates**



**March/April 2017**

	MON	TUE	WED	THU	FRI	SAT	SUN
Wk 8	13 March	14 March	15 March K-6 excursion to Red Hill Environmental Centre in Gulgong	16 March	17 March	18 March	19 March
Wk 9	20 March Life Education Van at school	21 March	22 March P & C Annual General Meeting 3pm	23 March Mrs McDonald at PPA mtg Hill End after 12pm	24 March Mrs McDonald at PPA mtg Hill End until 12pm	25 March	26 March
Wk 10	27 March	28 March	29 March	30 March	31 March	1 April	2 April
Wk 11	3 April	4 April	5 April MSSN Public Speaking in Mudgee	6 April Easter Hat Parade and Term 1 assembly	7 April LAST DAY OF TERM 1	8 April SCHOOL HOLIDAYS START	9 April